



# TEAM ALBERTA LACROSSE

## About Ethan

Male U19 Field Assistant Coach

Ethan Forgrave brings nearly two decades of high-level playing experience to the Team Alberta U19 Men's Field Lacrosse program. He began his career in 2006 with the Edmonton Warriors and went on to compete at the Junior A level with the Edmonton Miners. Following his junior career, Ethan was drafted by the Saskatchewan Rush and continued playing at the Senior A level with both the Nanaimo Timbermen and the New Westminster Salmonbellies.

In addition to his box lacrosse background, Ethan competed in field lacrosse at McGill University, further expanding his understanding of the outdoor game. He currently plays Senior B with the Beaumont Outlaws and is committed to developing the next generation of athletes through his knowledge, experience, and passion for the sport.