



CONCUSSION TRAINING NOW MANDATORY FOR ALL COACHES

Free Mandatory education is required on an annual basis for all Coaches no later than April 1st of each year.

Free Education is available online at:

<http://cattonline.com/lessons/coach-introduction/>

The Concussion Awareness Training Tool (www.cattonline.com) is free, accessible and regularly updated with evidence-based information and resources. Each toolkit includes a self-paced learning module as well as tailored resources relevant to the specific audience.

Includes three toolkits providing training in the recognition, treatment and management of concussion for:

- Medical Professionals
- Parents, Players, and Coaches
- School Professionals

Upon completion coaches are to provide proof to the AVMLA Registrar and Head Coach.

This training must be completed annually.

Registrar email: registrar@albernilacrosse.ca

Head Coach: headcoach@albernilacrosse.ca