

Edmonton Junior High Curling Leagues

Reminders for the 2025/26 Curling Season:

- Games and practice sessions: Saville at 4:15pm and go to about 5:45 p.m. The horn will sound at 5:15pm. Curlers should finish the end they are on and complete one more.
- We strive for 4-5 end games.
- We stress our leagues are co-ed and would like to see 2 girls/ 2 boys but can be of any ratio configuration of girls / boys – so some schools will be playing with various combinations. Your understanding is appreciated.
- Coaches are not allowed to be on ice and coaching during games. Please do not coach from behind the glass using hands signals etc. Allow your players to strategize and pick shots for themselves. Ice Stewards for 5 weeks will be implemented this season to assist our Curlers. See new policy attached on page 2 of this document.
- You are allowed One – two minute timeout per match to talk with your team. In this instance you may enter the rink to talk to your players, but may not step onto the ice.
- It is clearly the intent of our league that the players officiate themselves and adult interference is avoided no matter how well intended. No coaches should be involved in the determination of scoring. Coaches should allow players to decide on close rocks situations for scoring. If the students are unable to make the determination the rocks are “a wash” – no further points awarded in that end.
- Teams late for Curling Matches
 - 10 Minutes late – Forfeit 1 point. Game begins in second end with the team that was on time for match with the “Hammer”
 - 20 minutes late – Forfeit Match – a score of 1-0 will be recorded.
- There are NO TIES ALLOWED, please conduct a draw to the button by skips if necessary. Sweeping is allowed only on your own team rock. The “closest to the button” rock, which is in play, breaks the tie. In play means rock must have made it past the Hog-Line. Team with the Hammer in final end decides if they want to throw first or last.
- Schools are responsible for clean footwear, sliders and brooms. Please remind curlers not to wear any form of clothing that may drag on the ice.
- For the lessons, instructors are provided if requested. All coaches are encouraged to be on-ice and help where possible.

Ice Stewards

Adult On-Ice Assistance:

Our curling league encourages students to build independence and leadership through independent strategy and decision making. While recognizing this, we also strive to assist student-athletes to grow in sporting behavior, curling skills, and knowledge of curling rules and etiquette. To balance both of these goals, the ECSD and EPSB combined curling league will adopt the following policy as discussed and agreed upon at the 2025-2026 curling coaches meeting:

Adult “Stewards” will be permitted to be on the ice and offering assistance to athletes for the entire exhibition and regular curling season.

- There are no requirements for any team to provide any on-ice adult personnel, this is opened as an opportunity, not a necessity

- Adult stewards:
 - o May be a coach, or an adult assistant coach designated by the team coach.
 - o are able to assist students from any school, as necessary
 - o are to coach skills, curling etiquette and sporting behaviour, as well as strategic decisions
 - o should offer assistance to players only when the player’s team does not have control of play and ensure they are not a distraction to any of the participants
 - o should be located on the “throwing” end of the ice surface

Reporting Game Results:

- Winning Teams Responsible for Report

- Please text or email in scores to John Ioannides
 - o John.ioannides@epsb.ca
 - o Cell 780-242-0617

- Results and standings will be updated weekly and teams can view on the EPSB & ECSD Athletics Websites.