

2026 - FLAG RUGBY LEAGUE

FEMALE Division – 7 a side

Girls Teams	COACH	SCHOOL ADDRESS	SCHOOL PHONE
Alex Janvier (AJ-G)	Dominique Adams dominique.adams@epsb.ca	9535-167 St.	780-484-3456
Balwin (BAL-G)	Ryan Wick ryan.wick@epsb.ca	7055 132 Ave NW.	780-475-3646
Father Michael Troy (FMT G)	Sara Nestorovich Sara.Nestorovich@ecsd.net	3630 23 St NW	(780) 471-1962
Hillgrove (HG- G)	Meg Wiens meghan.wiens@spschools.org	50 Grosvenor Boulevard St. Albert	780-459-4456
Kenilworth (KEN-G)	Siubhan Drinnan siubhan.drinnan@epsb.ca	7005 - 89 Avenue	780-466-2104
kisêwâtisiwin (KIS-G)	Aleena Paul aleena.paul@epsb.ca	1434 80 St NW	(780) 462-7954
Leduc (LED-G)	Nicole Ostapek nicole.ostapek@gshare.blackgold.ca		
Lorne Akins (LA-G1 & G2)	Wilson Dolan wilson.dolan@spschools.org	4 Fairview Blvd., St. Albert	780-460-3728
Michael Phair (MP-G)	Adam Love Adam.love@epsb.ca	9407-211 Street	587-489-4720
Namao (NAM-G)	Iain Jamieson iain.jamieson@sturgeon.ab.ca		
Ottewell (OTT-G)	Jenny Lam jennifer.lam@epsb.ca	9435 – 73 St.	780-466-7331
Parkview (PV-G)	Stephanie Hatfield stephanie.hatfield@epsb.ca	14313 92 Ave NW	780-483-3415
Riverbend (RB-G)	Nicholas Heffel nicolas.heffel@epsb.ca	14820 – 53 Ave	780-434-7914
Spruce Avenue (SA-G)	Mahalina Kolkman mahalina.kolkman@epsb.ca	1424 102 St NW	780-479-0155
Sturgeon Heights (STH-G)	Connor Robertson Connor.Robertson@sturgeon.ab.ca	50 Hogan Road St. Albert	780-459-3990
Svend Hansen (SVH-G)	Stacie Becker stacie.becker@epsb.ca	2130-16 Ave NW	587-489-4724
W.D. Cuts (WDC-G1 & G2)	Angus MacDonald angus.macdonald@spschools.org	149 Larose Drive., St. Albert	780-458-8585

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MALE Divisions – 7 a side

Boys Teams	COACH	SCHOOL ADDRESS	SCHOOL PHONE
Balwin (BAL-B)	Ryan Wick ryan.wick@epsb.ca	7055 132 Ave NW.	780-475-3646
Father Michael Troy (FMT B-1 & B2)	Callum Moore callum.moore@ecsd.net	3630 23 St NW	(780) 471-1962
Hillgrove (HG- B)	Justin Pysar justin.pysar@spschools.org	50 Grosvenor Boulevard St. Albert	780-459-4456
Kenilworth (KEN-B)	Siubhan Drinnan siubhan.drinnan@epsb.ca	7005 - 89 Avenue	780-466-2104
Leduc (LED-B)	Greg Conroy conroy.greg50@gmail.com		
Lorne Akins (LA-B1 & B2)	Brayden Robinson brayden.robinson@spschools.org	4 Fairview Blvd., St. Albert	780-460-3728
Michael Phair (MP-B)	Emily Howell emily.howell@epsb.ca	9407-211 Street	587-489-4720
Namao (NAM-B)	Iain Jamieson iain.jamieson@sturgeon.ab.ca		
Ottewell (OTT-B)	Jenny Lam jennifer.lam@epsb.ca	9435 – 73 St.	780-466-7331
Riverbend (RB-B1 & B2)	Nicholas Heffel nicolas.heffel@epsb.ca	14820 – 53 Ave	780-434-7914
Spruce Avenue (SA-B)	Mahalina Kolkman mahalina.kolkman@epsb.ca	1424 102 St NW	780-479-0155
Sturgeon Heights (STH-B1 & B2)	Connor Robertson Connor.Robertson@sturgeon.ab.ca	50 Hogan Road St. Albert	780-459-3990
Svend Hansen (SVH-B)	Stacie Becker stacie.becker@epsb.ca	2130-16 Ave NW	587-489-4724
W.D. Cuts (WDC-B1 & B2)	Angus MacDonald angus.macdonald@spschools.org	149 Larose Drive., St. Albert	780-458-8585