

Unified Track and Field 2026 Schedule

9:45am - 2 x 200M Relays

- This will be the first event of the day.
- We will call out at 9:30am for all of the relay athletes competing in City Finals to make their way to their starting locations. The Unified teams can head to their locations at this time. (Partners to the start line and athletes halfway around the track, to the 200M relay exchange zone).
- The Unified heats will go off first, followed by the other categories.
- After all the heats have run and the results have been tabulated, the top teams will be called to the awards tent: 1st - 3rd medals, 4th - 8th ribbons.

10:30am (or when all relays are completed) - Long Jump

- Athletes will be divided into 4 groups - A,B,C,D.
- Each group will jump on their corresponding pit. We will send out a map and the groupings the week of the City Championships.
- After all of the jumps are complete, the results will be sent in to be tabulated. Once the results are finalized, the top teams will be called to the awards tent: 1st - 3rd medals, 4th - 8th ribbons.

12:00pm - Turbo Javelin*

- Athletes will be divided into 4 groups - A,B,C,D.
- The groups will go one at a time at the same location, with group A starting at 12:00pm and doing all of their throws, group B following that, then group C and finally D.
- Once all of the teams have completed their event the results will be sent in to be tabulated. Once the results are finalized, the top teams will be called to the awards tent: 1st - 3rd medals, 4th - 8th ribbons.

*This may change slightly based on registration numbers, but all students should be finished by 1:30pm.

Notes:

- There will be no lunch provided, but there are food trucks on site if students would like to purchase food.
- Our track and field workers will be running the events, but your support and help ensuring teams arrive at each event on time and ready to participate is important. Events will be announced over the loud speaker and they will go forward with the athletes present, as the meet moves on to each event as scheduled.
- It is recommended that you DO NOT choose partners that will be potentially competing in their own individual events in City Finals. This will create conflicts and may lead to missed events. Try to choose a partner to highlight our goals of *building friendship and understanding through training and playing together*.
- You can register your teams, and if you do end up having a conflict etc. you are able to make individual changes up to June 5 - email Janelle. If a change must be made on the day of the meet due to injury, illness etc. come and check in with Janelle at the finish line tent for an Athlete change form.