



Foothills Lacrosse Association (FLA)
Parent, Guardian, and Volunteer Code of Conduct

Expectations of Parents, Guardians, and Volunteers

Initials: _____

I agree to:

- Demonstrate respect to players, officials, coaches, bench staff, and spectators—including showing sportsmanship in victory and defeat
- Support a safe, positive, and inclusive environment
- Allow coaches to manage the bench and make appropriate coaching decisions
- Engage in respectful conversation with players, coaches, bench staff, and spectators while following the 24-hour rule and the appropriate chain of command for communication. Public criticism, questioning, or challenging of coaches or bench personnel is strictly prohibited—this includes in-person, online, or through any other platform
- Uphold the principles of Safe Sport as outlined by Sport Canada
- Remain in the designated viewing area or near the facility's main entrance. Loitering near dressing rooms, team bench areas, or restricted zones is prohibited. Exceptions are made for younger athletes who require assistance from parents/guardians (i.e. U7-U11)
- Volunteer for available positions to support my player's team. I understand that when volunteering for game day positions (i.e. time keeper, thirty-second clock, score keeper, or penalty door monitor) CDLA considers me an off floor minor official and I must act accordingly
- Not use cell phones or cameras in dressing rooms or other areas where athletes may be viewed to be in a vulnerable situation

24-Hour Cool Down

Initials: _____

I agree to follow the 24-hour rule, which states that concerns or conflicts require a 24-hour cool down before communication. I understand that communication that occurs before the 24-hour mark will be disregarded. Communication must be submitted in writing to the team manager and/or coach.

Discipline

Initials: _____

I understand that violations will be reviewed by the discipline committee and may result in corrective action and I understand that I have the right to an appeal as per the Foothills Lacrosse Association Discipline and Appeal Policy.



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Safe Sport & Rule of Two

Initials: _____

I understand the goal of the Rule of Two is to ensure all interactions and communications are open, observable, and justifiable. The policy outlined by ALA is in place to ensure a safe, transparent, and respectful environment for all participants.

Key components to the Rule of Two include but are not limited to:

- Having at least two screened and NCCP trained/certified coaches/officials with an athlete when in a potentially vulnerable situation (i.e. locker room, closed door meetings, travel, training environments, etc.)
- If a second screened and NCCP trained/certified coach/official is not available, a screened volunteer/parent/adult can be recruited
- All one-on-one interactions between coach/official and athlete(s) must take place within earshot and view of a second coach/official or screened volunteer/parent/adult
- One of the screened individuals must be the same gender as the athlete

Acknowledgement of Agreement

By signing below, I confirm I have read, understand, and agree to uphold this Code of Conduct.

Role / Position: _____

Printed Name: _____

Player's Name: _____

Signature: _____

Date: _____