

NCRRL Colour-Coded Discipline Matrix – Final 09/14/2026

The Penalties Matrix defines consequences associated with physical and non-physical offenses against Referees.

NON-PHYSICAL OFFENSES of gross misconduct, abuse and/or assault. Automatic minimum game suspension.

NON-PHYSICAL*	MIN. # OF GAMES ADULT OFFICIAL	MIN. # OF GAMES YOUTH TO YOUTH OFFICIAL	MIN. # OF GAMES ADULT TO YOUTH OFFICIAL
Minor unsportsmanlike conduct, disrespectful tone, frustration gestures	Warning; unsportsmanlike penalty	Warning; unsportsmanlike penalty	Warning; unsportsmanlike penalty, may escalate to misconduct if intimidating.
Persistent arguing, Insulting, Belittling, Insinuating or Taunting Behavior Undermining Referee Authority, Pre/Post Game Confrontation	Misconduct penalty; 1 game suspension	Misconduct penalty; 1 game suspension	Misconduct penalty; 2 game suspension + review by discipline committee
Harassment, Intimidation, Retaliation, Abusive, or Threatening (Non-Physical) Language	Match penalty; 3-5 game suspension + review by discipline committee; hearing	Match penalty; 3-5 game suspension + review by discipline committee; hearing	Match penalty; 2 game suspension + 3-5 game suspension + review by discipline committee; hearing
Aggression, Attacking, Derogatory, Cyberbullying, Doxing or Threatening (Physical / Violence) Language, Offensive or Discriminatory Act	Match penalty; 3-5 game suspension + Escalated to RO Independent Review Party	Match penalty; 3-5 game suspension + Escalated to RO Independent Review Party	Match penalty; 2 game suspension + 3-5 game suspension + Escalated to RO Independent Review Party

PHYSICAL OFFENSES of gross misconduct, abuse and/or assault. Automatic minimum game suspension.

PHYSICAL	MIN. # OF GAMES ADULT OFFICIAL	MIN. # OF GAMES YOUTH TO YOUTH OFFICIAL	MIN. # OF GAMES ADULT TO YOUTH OFFICIAL
Minor or Slight Deliberate Touching	Match penalty; 3-5 game suspension + review by discipline committee; hearing	Match penalty; 3-5 game suspension + review by discipline committee; hearing	Match penalty; 2 game suspension + 3-5 game suspension + review by discipline committee; hearing
Pushing, Grabbing, Pulling, Squeezing, Pinching, Lightly Slapping, Use of Object in Non-Striking Manner, or Physical Property Damage	Match penalty; 3-5 game suspension + Escalated to RO Independent Review Party	Match penalty; 3-5 game suspension + Escalated to RO Independent Review Party	Match penalty; Indefinite suspension + Escalated to RO Independent Review Party
Hitting, Punching, Elbowing, Kicking, Biting, Spiting, Choking, Tackling, Throwing or Use of Object or Any Part of Body (Forearm, Knee, Head) in a Striking Manner	Match penalty; Indefinite suspension + Escalated to RO Independent Review Party	Match penalty; Indefinite suspension + Escalated to RO Independent Review Party	Match penalty; Indefinite suspension + Escalated to RO Independent Review Party

Automatic Penalties Simple Summary

Misconduct Penalties

- **1st offense:** 1 game
- **2nd offense:** 3 games
- **3rd offense:** 5 games
- **4th offense:** Indefinite, pending RO hearing

Match Penalties

- **During play:** 2 games (NCRRL) + 1 game (RC) = **3 games minimum**
- **After game:** 3 games (NCRRL) + 1 game (RC) = **4 games minimum**

Multiple Match Penalties

- **2nd match:** 5–6 games
- **3rd match:** 10–12 games or remainder of season