



2026 Sask WT Taekwondo Provincials

Date: Saturday November 7, 2026

Venue: Sacred Heart High School- Gymnasium
280 Gladstone Ave N Yorkton, SK S3N 2A8

Sanctioned by: Sask WT Taekwondo

Registration: Colour Belt, Black Belt and Coach/Master Registration are mandatory for access to the tournament. Please use the link below.

<https://registration.lunarridge.net>

- ❖ Athletes and coaches please complete your online registration, photo ID and payment by **October 31, 2026**. FINAL Registration and Payment deadline due no later than November 2, 2026 (with a late fee of \$20.00). After this date, we will not accept your registration. We will confirm your registration via email.
 - ❖ Entry Fees:

Recreational Poomsae/Sparring one or two events	\$100.00
Sport Poomsae (Individual)	\$100.00
Sport Poomsae (Pairs)	\$100.00
High Performance Kuorgi	\$100.00
 - ❖ E-Transfers for registration will be due the same day you submit your online registration, otherwise your registration will be incomplete. Please put the code provided in step 3 of your "Instructions for E-Transfer" in the e-transfer message.
 - ❖ Registrations must be complete in order to compete (including online medical form). There are no refunds if an athlete has to withdraw from an event.
 - ❖ We were unable to block any hotel rooms due to the Harvest Showdown. Please book your individual hotel room ASAP.
 - ❖ All athletes and coaches must be a member in good standing with a current Sask WT membership.
 - ❖ Coaches and Masters: You will need to submit your own registration for access into the venue.

8 athletes or under-1 coach
9 to 16 athletes-2 coaches
17+ athletes-3 coaches
- This rule is set in place to ensure flow to our fights. If you are not at your athletes ring your name will be called a **maximum of 3 times**. The ring will not wait for you. If you are unable to make it to coach your athlete another coach from another club will coach your athlete.

- ❖ There will be a Kyorugi Seminar which will include the new rules and coaches portion required for coaching at Sask tournaments. Please watch <https://www.sasktaekwondo.com/> for details.
- ❖ Poomsae Draws will be available by QR code at ID pick up. There will be QR codes available to scan for spectators to see poomsae trees and fight trees. Fight Trees will be available after sparring line up is completed (approximate time 11:45am).
- ❖ Athletes will perform their designated Poomsae entered on their entry form. The competition format will be head to head. Black Belt Sport Poomsae divisions will be scored using the provincial scoring system and WT rules. Athletes may only enter Sport Poomsae **OR** Recreational Poomsae. Sport Poomsae draw will be announced on the mats.
- ❖ High Performance Youth, Cadet, Junior and Senior Black belts weigh-ins will be at Sacred Heart High School (tournament venue) at approximately 11:45am. Exhibition fights are not guaranteed.
- ❖ Please supply your own WT sparring gear. All coloured belt sparring competitors must supply and wear mouth guards, forearm protectors, shin protectors, groin cup, chest protector, gloves, foot protection, and head gear. *There will be no equipment on site for sale.*
- ❖ Double elimination or round robin for all belts. Best of three round rules.
- ❖ Exceptions: Face Kicking will NOT be permitted for:
 - Black Belts 11 years and under
 - All age group coloured belts
 - Ultra (Executive) Division
 - Duration and number of rounds to be confirmed at the venue.
- ❖ **As a Sask WT Taekwondo sanctioned event and qualifier for Nationals, High Performance Black Belt Kyorugi (Youth, Cadet, Junior and Senior divisions) will require KPNP K2 ELECTRONIC GLOVES AND SOCKS in order to compete. Order through www.captainsports.ca High Performance Black Belts must still provide their own WT sparring gear (clear mouth guards, forearm protectors, shin protectors, groin cup)**
- ❖ Sask TKD will be conducting a Referee Seminar on Friday Nov 6, 2026. Please watch <https://www.sasktaekwondo.com/> for details.
- ❖ A Referee committee will be selecting and overseeing the judges and referees to be used throughout the day by the Sask Provincial Referee Committee. Please register using <https://registration.lunarridge.net> under "Referees" The referee chair will assign you to teams for rotation between judging and rest. Assigned referees and corner judges will receive free meals and an honorarium. Referee Seminar scheduled Friday November 6, 2026.
- ❖ Admission is **CASH only (\$10.00)** youth 6 and under are free
- ❖ There is **NO FOOD** concession on site. Please bring your own food and drinks. Food and beverages will NOT be permitted in the gymnasium. This will be strictly enforced. Water bottles are permitted in the gymnasium. Athletes and spectators may eat in the Commons area (main area before gymnasium).
- ❖ Outdoor shoes must be removed before entering the gymnasium. Please bring clean indoor shoes.
- ❖ Spectators are **NOT** allowed beyond ring barriers.

Tentative Schedule (Estimate Time)

Friday November 6, 2026

TBA Referee/Kyorugi Coaches Seminar (location TBD)

5:30-8:30pm Athlete/Coach ID Pick up at Venue

Saturday November 7, 2026

7:30am Doors Open

7:45-8:30am Athlete/Coach ID Pick Up

8:00am Referee Meeting in Visual Arts Room

8:30am Coaches Meeting in Visual Arts Room

8:45am Poomsae/Sport Poomsae Competition call to rings

10:15am Coloured Belts/Rec Black Belt Sparring pre-sort lineup for matching divisions

NOTE- Late arrivals will not be included and disqualified- no exceptions

10:30am Adjust Sparring Divisions- mandatory participation with ID Cards

11:30am Opening Ceremonies

11:45am High Performance Black Belt weigh in

12:00 First Batch called for Sparring Eliminations

3:30pm Black Belt Eliminations

*Medals will be presented throughout the day as each fight tree is completed.

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