

SALA Discipline Chart

It is the responsibility of the Head Coach for any team to know the rules of the game, and any automatic suspensions that accompany a game infraction.

Type	ALA Position	SALA Position
Game Misconduct	Will result in individual being suspended for the remainder of the game, immediately leave the venue or go to the dressing room. All coach game misconducts are subject to referral to Discipline.	As per ALA
Match	Will result in individual being suspended from all ALA sanctioned activities. An incident report will be immediately filled out and sent to the committee.	2 games automatic suspension. Automatic referral to Discipline Committee. Participant may be suspended further after the Committee meets, even if participant has returned to play.
Gross Misconduct	Will result in an automatic MATCH PENALTY with the individual being suspended from all further ALA sanctioned activities and the incident referred to committee.	2 games automatic suspension. Automatic referral to Discipline Committee. Participant may be suspended further after the Committee meets, even if participant has returned to play.

Infraction	ALA Position	SALA Position
5 Penalties in 1 Game (Expulsion)	Remainder of game	Player must immediately leave the floor, return to the dressing room and sit for the remainder of the game. Game Expulsions also contribute to the "3rd game misconduct in a season" rule-see below
Checking from Behind	Double minor or major penalty and remainder of game	Double minor or major and game misconduct, or match penalty
Attempts to Butt End	Major penalty, game misconduct and 1 additional	Major penalty, game misconduct and additional 1 game suspension

	game	
Butt Ending	Match – Referred to Committee	2 games automatic suspension. Automatic referral to Discipline Committee. Participant may be suspended further after the Committee meets, even if participant has returned to play.
Attempts to Kick	Major penalty, game misconduct, and 1 additional game	Major penalty, game misconduct and additional 1 game suspension
Kicking	Match – referred to Committee	2 games automatic suspension. Automatic referral to Discipline Committee. Participant may be suspended further after the Committee meets, even if participant has returned to play.
Attempts to Spear	Major penalty, game misconduct and 1 additional game	Major penalty, game misconduct and 1 game suspension
Spearing	Match LC Rule 65 – Major	2 games automatic suspension. Automatic referral to discipline committee. Participant may be suspended further after the Committee meets, even if participant has returned to play.
Fighting	Major penalty, game misconduct	Major and game misconduct
Fighting in last 10 minutes of game	Major penalty, game misconduct and 1 additional game	Major and Game misconduct – plus 1 game suspension
Fighting off the floor	LC rule 45 player is suspended from any further lacrosse activities	2 games automatic suspension. Automatic referral to Discipline Committee. Participant may be suspended further after the Committee meets, even if participant has returned to play.
Fighting – Instigator or Aggressor	Major penalty and game misconduct plus 1 additional game	Major penalty and game misconduct plus 1 additional game suspension
Restarting a fight	Match	2 games automatic suspension. Automatic referral to Discipline

		Committee. Participant may be suspended further after the Committee meets, even if participant has returned to play.
2nd Fight in the Season	Not included	An additional 1 game suspension plus any other suspension
3rd Fight of the Season	Not included	2 games automatic suspension. Automatic referral to Discipline Committee. Participant may be suspended further after the Committee meets, even if participant has returned to play.
2nd Player Game Misconduct in same game	Will be referred to committee with the player remaining suspended until the committee directs otherwise.	2 games automatic suspension. Automatic referral to Discipline Committee. May be suspended further after the Committee meets, even if player has returned to play.
Misconduct off the playing floor	Gross misconduct	2 games automatic suspension. Automatic referral to Discipline Committee. May be suspended further after the Committee meets, even if player has returned to play
Abuse of Officials (*Coach Game Misconduct)	Match – referred to Committee LC Rule 28, individual suspended until the Committee directs otherwise	2 games automatic suspension. Automatic referral to Discipline Committee. Participant may be suspended further after the Committee meets, even if participant has returned to play. Coach Suspensions escalate and may carry over into additional seasons and sport disciplines (ie Field, RMLL, etc.) and are reported to the Alberta Lacrosse Association
Molesting of Game Officials	Gross misconduct	2 games automatic suspension. Automatic referral to Discipline Committee. Participant may be suspended further after the Committee meets, even if participant has returned to play.
Refusing to play	LC Rule 57	Gross misconduct to Head Coach of the game shall be suspended until heard by the Committee
3rd misconduct in a season	Refer to Discipline Committee	Automatic referral to discipline

		committee. Participants are suspended until after the Committee meets. 3 Game expulsions in a season also falls under this rule.
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